

Dokumentasjonsgrunnlag for oppfølging av fysisk helse

Generelle bakgrunnsartikler om sykelighet/dødelighet

Lawrence D, Kisely S, Pais J (2010) The epidemiology of excess mortality in people with mental illness. *Can J Psychiatry* 55, 12; 752-760

Wahlbeck K, Westman J, Nordentoft M et al (2011) Outcomes of Nordic mental health systems: life expectancy among people with mental disorders. *Br J Psychiatry* 199: 453-458

Nordentoft M, Wahlbeck K, Hallgren J et al (2013). Excess mortality, causes of death and life expectancy in 270 770 patients with recent onset of mental disorders in Denmark, Finland and Sweden. *PLoS One* 8(6): e67133. doi:10.1371/journal.pone.0067133

Laursen TM, Munk-Olsen T, Gasse C (2013) Chronic somatic comorbidity and excess mortality due to natural causes in persons with schizophrenia or bipolar affective disorder. *PLoS ONE* 6(9): e24597. doi:10.1371/journal.pone.0024597

Hansen V, Arnesen E, Jacobsen BK (2001) Total mortality in people admitted to a psychiatric hospital. *Br J Psychiatry* 179: 438-443

Høye A, Jacobsen BK, Hansen V (2011) Increasing mortality in schizophrenia: Are women at particular risk? A follow-up of 1111 patients admitted during 1980 -2006 in Northern Norway. *Schizophr Res* 132: 228-232

Marder SR, Essock SM, Miller AL, Buchanan RW. Physical health monitoring of patients with schizophrenia. *Am J Psychiatry*. 2004;161:1334–1349.

Fleischhacker WW, Cetkovich-Bakmas M, De Hert M. Comorbid somatic illnesses in patients with severe mental disorders: clinical, policy, and research challenges. *J Clin Psychiatry*. 2008;69:514–519.

Harris, E. C. & Barraclough, B. (1998) Excess mortality of mental disorder. *Br J Psychiatry*, 173, 11-53.

Johnsen, E. a. Ø., K.J. (2010) Indremedisinske problemstillinger hos pasienter med alvorlige psykiske lidelser. *Indremedisinen*, 3.

World Psychiatry June 2011."Physical illness in patients with severe mental disorders. Barriers to care, monitoring og treatment guidelines, plus recommendations at the system and individual level."

[Front Psychiatry](#). 2014 Sep 26;5:137. doi: 10.3389/fpsyt.2014.00137. eCollection 2014.

Increased mortality in schizophrenia due to cardiovascular disease - a non-systematic review of epidemiology, possible causes, and interventions.

[Ringen PA](#)¹, [Engh JA](#)², [Birkenaes AB](#)³, [Dieset I](#)¹, [Andreassen OA](#)¹.

Kardiometabolsk sykdom ved alvorlige sinnslidelser

Lett TAP, Wallace TJM, Chowdhury NI et al (2012) Pharmacogenetics of antipsychotic-induced weight gain: review and clinical implications. *Molecular Psychiatry* 17; 242-266

Vancampfort D, Wampers M, Mitchell AJ et al (2013). A meta-analysis of cardio-metabolic abnormalities in drug-naïve, first-episode and multi-episode patients with schizophrenia versus general population controls. *World Psychiatry* 12: 240 – 250

Steiner J, Bernstein H-G, Schiltz K et al (2012). Immune system and glucose metabolism interaction in schizophrenia: A chicken-egg dilemma. *Prog Neuro-Psychopharmacol Biol Psychiatry*. <http://dx.doi.org/10.1016/j.pnpbp.2012.09.016>

Vancampfort D, Correll CU, Wampers M et al (2013) Metabolic syndrome and metabolic abnormalities in patients with major depressive disorder: a meta-analysis of prevalences and moderating variables. *Psychol Med* Nov 21:1-12 [Epub ahead of print]

Birkenaes, A. B., Sogaard, A. J., Engh, J. A., et al (2006) Sociodemographic characteristics and cardiovascular risk factors in patients with severe mental disorders compared with the general population. *J Clin Psychiatry*, 67, 425-433.

Bobes, J., Arango, C., Aranda, P., et al (2007) Cardiovascular and metabolic risk in outpatients with schizophrenia treated with antipsychotics: results of the CLAMORS Study. *Schizophr Res*, 90, 162-173.

De Hert, D. Vancampfort, C. U. Correll, V. Mercken, J. Peuskens, K. Sweers, R. van Winkel and A. J. Mitchell. Guidelines for screening and monitoring of cardiometabolic risk in schizophrenia: systematic evaluation

Newcomer JW. Metabolic syndrome and mental illness. *Am J Manag Care* 2007;13:S170-7.

[Tidsskr Nor Laegeforen](#). 2008 Jan 31;128(3):286-90. [**Model for estimation of cardiovascular risk in Norway**]. [Article in Norwegian] [Selmer R](#)¹, [Lindman AS](#), [Tverdal A](#), [Pedersen JJ](#), [Njølstad I](#), [Veierød MB](#).

Livsstilsfaktorer

Brown S, Birtwistle J, Roe L et al (1999) The unhealthy lifestyle of people with schizophrenia. *Psychol Med* 29: 697-701

Siru R, Hulse GK, Tait RJ (2009) Assessing motivation to quit smoking in people with mental illness: a review. *Addiction*, 104: 719-733

Gilbody S, Peckham E et al (2015) Bespoke smoking cessation for people with severe mental ill health (SCIMTAR): a pilot randomized controlled trial. *The Lancet* 31st March [http://dx.doi.org/10.1016/S2215-0366\(15\)00091-7](http://dx.doi.org/10.1016/S2215-0366(15)00091-7)

Baker AL, Richmond R (2015) Randomized controlled trial of a healthy lifestyle intervention among smokers with psychotic disorders. *Nicotine and Tobacco Research* *Nicotine Tob Res.* 2015 Mar 5. pii: ntv039. [Epub ahead of print]

Ulikhet i behandling

Kisely S, Campbell LA, Wang Y (2009) Treatment of ischemic heart disease and stroke in individuals with psychosis under universal health care. *Br J Psychiatry* 195 (6): 545-550

Laursen TM, Munk-Olsen T, Agerbo E et al (2009) Somatic hospital contacts, invasive cardiac procedures, and mortality from heart disease in patients with severe mental disorder. *Arch Gen Psychiatry* 66; 713-720

Lawrence D, Kisely S (2010) Inequalities in health care provision for people with severe mental illness. *Psychopharm* 24 Suppl 4: 61-68

Cancer-related mortality in people with mental illness.

Kisely S, Crowe E, Lawrence D. *JAMA Psychiatry.* 2013 Feb;70(2):209-17. doi: 10.1001/jamapsychiatry.2013.278. PMID: 23247556

Beregning av risiko

Selmer R, Lindman AS et al (2008) Modell for estimering av kardiovaskulær risiko i Norge. *Tidsskr Nor Legeforen* 128: 286-290

Tannhelse

Nielsen J, Munk-Jorgensen P, Skadhede S, Correll CU. Determinants of poor dental care in patients with schizophrenia: a historical, prospective database study. *J Clin Psychiatry* 2011;72(2):140-3.

McCreadie RG, Stevens H, Henderson J, Hall D, McCaul R, Filik R, et al. The dental health of people with schizophrenia. *Acta Psychiatr Scand* 2004;110(4):306-10.

Persson K, Axtelius B, Soderfeldt B, Ostman M. Monitoring oral health and dental attendance in an outpatient psychiatric population. *J Psychiatr Ment Health Nurs* 2009;16(3):263-71.

Oral health advice for people with serious mental illness (Review). Khokhar WA, Clifton A, Jones H, Tosh G

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD008802.pub2/pdf>

Community Ment Health J. 2010 Dec;46(6):553-62. doi: 10.1007/s10597-009-9280-x. Epub 2009 Dec 29. Oral health of adults with serious mental illnesses: a review.
Matevosyan NR¹.

Intervensjoner røyking

Royal College of Physicians and Royal College of Psychiatrists. Smoking and mental health: a joint report by the Royal College of Physicians and the Royal College of Psychiatrists.

http://www.rcplondon.ac.uk/sites/default/files/smoking_and_mental_health_-_full_report_web.pdf; 2013. ((accessed March 6, 2015).)

[Assessing motivation to quit smoking in people with mental illness: a review.](#)

Siru R, Hulse GK, Tait RJ.

Addiction. 2009 May;104(5):719-33. doi: 10.1111/j.1360-0443.2009.02545.x. Review.

[Smoking Cessation Intervention for severe Mental Ill Health Trial \(SCIMITAR\): a pilot randomised control trial of the clinical effectiveness and cost-effectiveness of a bespoke smoking cessation service.](#)

Peckham E, Man MS, Mitchell N, Li J, Becque T, Knowles S, Bradshaw T, Planner C, Parrott S, Michie S, Shepherd C, Gilbody S.

Health Technol Assess. 2015 Mar;19(25):1-148, v-vi. doi: 10.3310/hta19250.

Gilbody S, Peckham E et al (2015) Bespoke smoking cessation for people with severe mental ill health (SCIMITAR): a pilot randomized controlled trial. *The Lancet* 31st March

Lindson-Hawley N, Thompson TP, Begh R. Motivational interviewing for smoking cessation.

Cochrane Database of Systematic Reviews 2015, Issue 3. Art. No.: CD006936. DOI:

10.1002/14651858.CD006936.pub3.

[Randomized Controlled Trial of a Healthy Lifestyle Intervention Among Smokers With Psychotic Disorders.](#)

Baker AL, **Richmond R**, Kay-Lambkin FJ, Filia SL, Castle D, Williams JM, Lewin TJ, Clark V, Callister R, Weaver N.

Nicotine Tob Res. 2015 Mar 5. pii: ntv039. [Epub ahead of print]

Intervensjoner livsstil

Psychol Med. 2015 May;45(7):1343-61. doi: 10.1017/S0033291714003110. Epub 2015 Feb

4. **A systematic review and meta-analysis of exercise interventions in schizophrenia patients.**

Firth J¹, Cotter J¹, Elliott R¹, French P², Yung AR¹.

<https://www.nice.org.uk/guidance/cg178/evidence/cg178-psychosis-and-schizophrenia-in-adults-full-guideline3>

Lee EH, Hui CL, Chang W, Chan SK, Li Y, Lee J, Lin JJ, Chen EY (2013). Impact of physical activity on functioning of patients with first-episode psychosis – a 6 months prospective longitudinal study. *Schizophrenia Research* 150, 538–541

Heggelund, J. (2013) Fitness, health and exercise training therapy in patients with schizophrenia. Thesis for the degree of PhD, Norwegian University of Science and Technology, Department of Neuroscience, Trondheim, June.

<https://www.nice.org.uk/guidance/cg178/evidence/cg178-psychosis-and-schizophrenia-in-adults-full-guideline3>

Caemmerer J, Correll CU, Maayan L. Acute and maintenance effects of nonpharmacologic interventions for antipsychotic associated weight gain and metabolic abnormalities: a meta-analytic comparison of randomized controlled trials. *Schizophrenia Research*. 2012;140:159-68.

Anbefalinger om kosthold, ernæring og fysisk aktivitet, Helsedirektoratet IS – 2170, 2014.

[Implementing evidence-based physical activity interventions for people with mental illness: an Australian perspective.](#)

Rosenbaum S, Tiedemann A, Stanton R, Parker A, Waterreus A, **Curtis J**, Ward PB. *Australas Psychiatry*. 2015 Jul 2. pii: 1039856215590252. [Epub ahead of print]

[Aerobic exercise intervention in young people with schizophrenia spectrum disorders: improved fitness with no change in hippocampal volume.](#)

Rosenbaum S, Lagopoulos J, **Curtis J**, Taylor L, Watkins A, Barry BK, Ward PB. *Psychiatry Res*. 2015 May 30;232(2):200-1. doi: 10.1016/j.psychres.2015.02.004. Epub 2015 Mar 23. No abstract available.

[Evaluating an individualized lifestyle and life skills intervention to prevent antipsychotic-induced weight gain in first-episode psychosis.](#)

Curtis J, Watkins A, **Rosenbaum S**, Teasdale S, Kalucy M, Samaras K, Ward PB. *Early Interv Psychiatry*. 2015 Feb 26. doi: 10.1111/eip.12230. [Epub ahead of print]

[Individual dietetic consultations in first episode psychosis: a novel intervention to reduce cardiometabolic risk.](#)

Teasdale S, Harris S, **Rosenbaum S**, Watkins A, Samaras K, **Curtis J**, Ward PB. *Community Ment Health J*. 2015 Feb;51(2):211-4. doi: 10.1007/s10597-014-9787-7. Epub 2014 Dec 19.

[Aerobic exercise capacity: an important correlate of psychosocial function in first episode psychosis.](#)

Rosenbaum S, Watkins A, Teasdale S, **Curtis J**, Samaras K, Kalucy M, Vancampfort D, Ward PB.

Acta Psychiatr Scand. 2015 Mar;131(3):234. doi: 10.1111/acps.12350. Epub 2014 Oct 10. No abstract available.

Community Ment Health J. 2014 Jan;50(1):81-95. doi: 10.1007/s10597-013-9614-6. Epub 2013 Jun 6. **The effectiveness of lifestyle interventions to reduce cardiovascular risk in patients with severe mental disorders: meta-analysis of intervention studies.**

Fernández-San-Martín MI¹, Martín-López LM, Masa-Font R, Olona-Tabueña N, Roman Y, Martin-Royo J, Oller-Canet S, González-Tejón S, San-Emeterio L, Barroso-Garcia A, Viñas-Cabrera L, Flores-Mateo G.

BMC Psychiatry. 2015 May 23;15:119. doi: 10.1186/s12888-015-0465-2. **Protocol for CHANGE: a randomized clinical trial assessing lifestyle coaching plus care coordination versus care coordination alone versus treatment as usual to reduce risks of cardiovascular disease in adults with schizophrenia and abdominal obesity.**

Speyer H^{1,2}, Nørgaard HC³, Hjorthøj C^{4,5}, Madsen TA⁶, Drivsholm S⁷, Pisinger C⁸, Gluud C⁹, Mors O¹⁰, Krogh J¹¹, Nordentoft M^{12,13}.